

NATIONAL ISA SWIMMING GALA 2011

YEAR 4 BOYS

BREAST STROKE			Rec.	44.81	BACK STROKE			Rec.	42.00
1	J.Findlay	M	53.42	1	H.Norman	LS	50.57		
2	S.Greenleaf	LN	57.83	2	S.Greenleaf	LN	50.84		
3	M.Fitzgerald	N	59.66	3	E.Ball	N	52.35		
4	E.Flaxman	LW	1.01.63	4	H.Farrington	LW	54.14		
5	T.Riley-Patel	LS	1.02.04	5	O'Connor	EA	59.18		
6	J.Morovic	EA	1.03.73	6	M.Stevenson	SW	1.00.41		

FREESTYLE			Rec.	35.72
1	M.McKenzie-Cannon	LS	37.12	
2	T.Everitt	LN	39.11	
3	H.Batchelor	M	39.72	
4	K.Parker	LW	45.27	
5	C.Kayan	N	47.92	
6	B.White	SW	48.72	
7	C.Bebbington	EA	50.30	

FREESTYLE RELAY		Rec.	2.52.03
1	London North		2.54.42
2	London South		2.56.69
3	London West		3.22.38
4	East Anglia		3.43.13
5	North		3.44.80
6	South West		3.46.01

TEAM RESULTS

1	London North	26
2	London South	25
3	London West	17
4	North	16
5	Midlands	13
6	East Anglia	9
7	South West	8

NATIONAL ISA SWIMMING GALA 2011

YEAR 5 BOYS

BREAST STROKE			Rec.	43.67	BACK STROKE			Rec.	39.43
1	J.Offord	EA		51.61	1	M.Hammann	LW	41.05	
2	O.Whittingham	M		52.22	2	B.Norton	M	41.31	
3	T.Pask	LW		53.30	3	F.Stevenson	SW	43.52	
4	T.Anderson	LS		54.88	4	D.Sheppard	LS	47.02	
5	S.Rowell	LN		55.05	5	M.Holmes	EA	49.17	
6	E.Young	N		57.09	6	M.Newton	N	51.74	
7	F.Adams	SW		59.94	7	R.Beyer	LN	55.90	

FREESTYLE			Rec.	33.29
1	B.Norton	M		35.25
2	M.Hammann	LW		36.06
3	H.Griffiths	LS		37.14
4	F.Stevenson	SW		39.69
5	S.Mody	N		44.34
6	A.Hendersen	EA		44.64
7	F.Arbon-Donovan	LN		54.35

FREESTYLE RELAY			Rec.	2.30.12
1	London South			2.39.44
2	Midlands			2.39.52
3	London West			2.50.42
4	East Anglia			2.51.45
5	South West			2.58.16
6	North			3.21.98
7	London North			3.36.14

TEAM RESULTS

Notable performances:

1	Midlands	26	B.Hammann	Hawley Place	LW
2	London West	24	B.Norton	Dixie G.S.	M
3	London South	21			
4	East Anglia	17			
5	South West	13			
6	North	9			
7	London North	6			

NATIONAL ISA SWIMMING GALA 2011

YEAR 6 BOYS

BREAST STROKE			Rec.	41.36	BACK STROKE			Rec.	36.91
1	J.McClymont	LS		44.24	1	L.Basi	LS	39.90	
2	L.Boardman	LN		47.39	2	L.Broad	LW	41.49	
3	G.Calvy	EA		48.90	3	J.Mayes	EA	46.50	
4	A.Shaw	M		49.40	4	Z.El Jaidi	LN	46.69	
5	M.Eva	LW		55.90	5	C.Schofield	N	47.05	
6	M.Hogg	N		56.17	6	O.Brocklebank	SW	49.07	
7					7	A.Collins	M	50.21	

BUTTERFLY			Rec.	35.06	FREESTYLE			Rec.	31.52
1	L.Boardman	LN		40.71	1	C.Berry	M	34.54	
2	L.Basi	LS		40.79	2	S.Lewis	SW	36.23	
3	L.Broad	LW		40.90	3	J.McClymont	LS	37.20	
4	C.Berry	M		40.92	4	M.Nicholson	LW	37.05	
5	S.Lewis	SW		41.76	5	C.Schofield	N	37.25	
6	F.Whitelaw	EA		57.39	6	J.Mayer	EA	41.24	
7	T.Smart	N		1.05.02	7	L.Robinson	LN	44.35	

MEDLEY RELAY			Rec.	2.41.36	FREESTYLE RELAY			Rec.	2.19.51
1	Midlands			2.54.19	1	Midlands		2.26.18	
2	London West			3.02.75	2	London South		2.31.09	
3	London North			3.09.65	3	London North		2.35.13	
4	South West			3.10.08	4	London West		2.40.40	
5	North			3.29.08	5	South West		2.41.83	
DISQ	London South				6	North		2.50.95	
					7	East Anglia		2.58.63	

TEAM RESULTS

1=	London South	33
1=	Midlands	33
3	London North	29
4	London West	28
5	South West	19
6	East Anglia	15
7	North	14

JUNIOR SCHOOLS

Overall Boys

1	London South	79
2	Midlands	72
3	London West	69
4	London North	61
5	East Anglia	41
6	South West	40
7	North	39

Notable performances:

C. Berry	Lucton	M
L.Basi	Westward	LS
L.Boardman	Gatehouse	LN

NATIONAL ISA SWIMMING GALA 2011

YEAR 4 GIRLS

BREAST STROKE			Rec.	46.74	BACK STROKE			Rec.	41.59
1	E.Bainbridge	M	53.09	1	R.G-Scott	EA	48.59		
2	A.Moule	EA	53.30	2	E.Seymour-Perry	M	50.11		
3	M.Francis	LW	54.83	3	E.Smith	LN	50.62		
4	J.Parkman	LS	57.13	4	L.Blanchard	LW	50.85		
5	C.Prestwood	N	1.02.75	5	A.Cattran	SW	52.41		
6	T.Hayes	SW	1.04.22	6	C.Howman	N	54.09		
7	A.Bush	LN	1.07.65	7	N.Dabrowa	LS	56.18		

FREESTYLE			Rec.	35.37
1	M.Fisher	LW	40.33	
2	E.Bainbridge	M	40.66	
3	R.G-Scott	EA	42.59	
4	A.Cattran	SW	44.01	
5	C.Howman	N	44.45	
6	E.Smith	LN	44.57	
7	N.Dabrowa	LS	46.09	

FREESTYLE RELAY			Rec.	2.49.90
1	Midlands		2.52.69	
2	London West		2.59.15	
3	South West		3.16.80	
4	London South		3.41.17	
5	East Anglia		3.41.52	
6	London North		3.42.48	
7	North		3.50.96	

TEAM RESULTS

1	Midlands	28
2	London West	23
3	East Anglia	22
4	South West	14
5=	London North	10
5=	London South	10
7	North	9

Notable performances:

E. Bainbridge **Holy Trinity** **M**

NATIONAL ISA SWIMMING GALA 2011

YEAR 5 GIRLS

BREAST STROKE			Rec.	44.09	BACK STROKE			Rec.	38.89
1	A.Reeves	M	47.16	1	V.Patel	LN	42.25		
2	K.Stewart	N	47.20	2	O.Norman	EA	43.21		
3	L.Hamilton	LS	48.84	3	K.Carroll	LS	43.62		
4	M.Sayers	LN	49.15	4	K.Mellors	M	44.02		
5	O.Norman	EA	50.63	5	K.Smith	SW	45.01		
6	J.Ferris	LW	53.73	6	C.Spencer	N	55.04		
7	E.Adams	SW	56.48						

FREESTYLE			Rec.	33.44
1	K.Bergin	N	34.80	(just .6 from record)
2	A.Reeves	M	37.02	
3	J.Taylor	SW	37.75	
4	V.Patel	LN	37.89	
5	A.Burns	LW	40.29	
6	A.Spicer	LS	41.86	
7	J.Hardwick	EA	44.39	

FREESTYLE RELAY			Rec.	2.25.94
1	London North		2.38.21	
2	Midlands		2.44.58	
3	South West		2.47.82	
4	North		2.50.34	
5	London West		2.53.21	
6	London South		2.54.43	
7	East Anglia		3.04.30	

TEAM RESULTS

Notable performances:

1=	London North	24	A. Reeves	Holy Trinity	M
1=	Midlands	24	V.Patel	St James	LN
3	North	20			
4=	South West	14			
4=	London South	14			
6	East Anglia	11			
7	London West	8			

NATIONAL ISA SWIMMING GALA 2011

YEAR 6 GIRLS

BREAST STROKE				Rec.	44.04	BACK STROKE				Rec.	36.47
1	H.Rowlinson	N	N.R.	42.91	1	Y.Ying	EA	39.24			
2	M.Dibb	M		43.27	2	E.Zdolynny	N	40.58			
3	O.Kounnis	LN		47.17	3	K.Mudge	LW	42.08			
4	L.Randall	SW		48.28	4	G.Mitchell	M	42.24			
5	S.Rogers	LW		49.92	5	O.Kounnis	LN	44.52			
6	K.Wilks	LS		52.85	6	S.Pither	LS	47.52			
7	J.Cameron	EA		1.00.14	7	H.James	SW	59.10			

BUTTERFLY				Rec.	33.80	FREESTYLE				Rec.	30.81
1	Mollie Dibb	M		36.51	1	K.Mudge	LW	34.79			
2	B.Bassano	LS		39.04	2	A.Phillips	N	34.84			
3	Y.Ying	EA		39.79	3	B.Bassano	LS	34.93			
4	J.Campbell	LW		41.02	4	G.Mitchell	M	35.49			
5	E.Hughes	N		41.07	5	L.Randall	SW	35.73			
6	J.Taylor	SW		45.07	6	S.Stein	EA	35.75			
7	L.Thomas	LN		50.55	7	L.Refson	LN	37.75			

MEDLEY RELAY				Rec.	2.36.22	FREESTYLE RELAY				Rec.	2.17.02
1	Midlands			2.40.27	1	North		2.23.63			
2	North			2.44.17	2	London West		2.22.77			
3	London West			2.49.13	3	Midlands		2.24.20			
4	London South			3.06.53	4	London South		2.37.76			
5	London North			3.06.79	5	London North		2.37.78			
6	South West			3.37.76	6	East Anglia		2.45.45			
					7	South West		3.20.77			

TEAM RESULTS

1	North	37
2	Midlands	35
3	London West	31
4	London South	23
5	East Anglia	18
6	London North	16
7	South West	13

JUNIOR

OVERALL GIRLS

1	Midlands	87
2	North	66
3	London West	62
4	East Anglia	51
5	London North	50
6	London South	47
7	South West	41

Notable performances:

H.Rowlinson Forest Prep
M.Dibb Crackley Hall

N.R. time was over 1 sec faster than old rec. (Breast Str)
Also well inside the old Breast Str record.

NATIONAL ISA SWIMMING GALA 2011

YEAR 7 BOYS

BREAST STROKE				Rec.	41.82	BACK STROKE				Rec.	36.72
1	H.McNab	M	N.R.		41.24	1	T.Patston	LW		41.32	
2	E. De Landro	LW			42.28	2	J.Walker	SW		42.46	
3	H.Milsom	EA			45.31	3	N.Ridgway-Brown	LS		43.51	
4	A.Baldry	N			45.94	4	A.Baldry	N		44.95	
5	J.Walker	SW			48.16	5	J.Hart	EA		46.35	
6	M.Spicer	LS			48.94	6	J.Reynolds	M		49.65	

BUTTERFLY				Rec.	34.86	FREESTYLE				Rec.	31.07
1	A.Cannon	LS			37.39	1	P.Hamer	LS		32.25	
2	R.Thrower	LW			38.71	2	H.McNab	M		32.52	
3=	C.Nott	SW			43.02	3	R.Thrower	LW		32.91	
3=	J.Cornwell	EA			43.02	4	H.Milsom	EA		33.79	
5	A.Howard	N			43.90	5	M.Khan-Noorpuri	LN		35.76	
6	O.Cox	M			50.46	6	C.Nott	SW		35.77	
7	M.Khan-Noorpuri	LN			50.42	7	D.Moore	N		37.65	

MEDLEY RELAY				Rec.	2.30.20	FREESTYLE RELAY				Rec.	2.08.60
1	London West				2.38.11	1	London West			2.16.73	
2	London South				2.39.82	2	London South			2.19.73	
3	Midlands				2.53.35	3	Midlands			2.19.56	
4	North				2.59.06	4	North			2.37.07	
5	East Anglia				3.02.44	5	East Anglia			2.37.74	
DISQ	South West										

TEAM RESULTS

Notable performances:

1	London West	41	H.McNab	Lucton School	M
2	London South	35	T.Patston	Salesian	LW
3	Midlands	28			
4	East Anglia	23			
5	North	20			
6	South West	16			
7	London North	4			

NATIONAL ISA SWIMMING GALA 2011

YEAR 8 BOYS

BREAST STROKE			Rec.	36.19	BACK STROKE			Rec.	33.56
1	A.Poole	N		39.58	1	J.McMahon	M	34.60	
2	C.Fynn	EA		45.03	2	O.McCormick	N	37.21	
3	A.Morgan	LW		45.07	3	J.Webb	LW	38.40	
4	B.Cookson	M		46.59	4	M.Salt	EA	39.98	
5	O.Nixon	SW		57.71	5	J.Bridge	SW	41.12	
					6	H.Ling	LN	45.39	

BUTTERFLY			Rec.	31.50	FREESTYLE			Rec.	28.14
1	J.McMahon	M	N.R.	30.52	1	L.Chalk	EA	29.21	
2	A.Poole	N		33.15	2	R.Gordon	M	29.26	
3	L.Chalk	EA		34.18	3	A.Hackett	N	31.12	
4	S.Jeffery	SW		37.05	4	C.West	LW	31.13	
5	O.Broad	LW		36.96	5	P.Kischler	LN	31.20	
6	P.Kischler	LN		41.06	6	S.Jeffrey	SW	31.24	

MEDLEY RELAY			Rec.	2.27.37	FREESTYLE RELAY			Rec.	2.07.33
1	North	N.R.	2.27.07		1	East Anglia	N.R.	2.06.85	
2	East Anglia		2.30.45		2	Midlands		2.07.00	
3	London West		2.30.83		3	London West		2.07.53	
4	Midlands		2.31.61		4	South West		2.25.83	
5	South West		2.48.38		5	North		2.27.45	

TEAM RESULTS

Notable performances:

1	East Anglia	37	J.McMahon	Heathfield School	M
2=	Midlands	36	L.Chalk	Colchester High	EA
2=	North	36	A.Poole	North Cestrian	N
4	London West	27			
5	South West	19			
6	London North	7			
7	London South	0			

Full EA and N relay teams: 2 x new Records
(listed in 'New Records' section)

NATIONAL ISA SWIMMING GALA 2011

YEAR 9/10 BOYS

BREAST STROKE			Rec.	1.13.71	BACK STROKE			Rec.	1.06.80
1	F.Clampett	LW		1.15.91	1	S.Dixon	N	1.09.52	
2	H.Sykes	M		1.20.92	2	E.Dyer	M	1.12.87	
3	G.Harrison	EA		1.23.16	3	B.Maynard	EA	1.14.08	
4	O.Knapman	SW		1.28.83	4	M.Barter	LW	1.14.51	
5	T.Roe	N		1.31.90	5	P.Ingoldsby	SW	1.23.37	
					6	J.Lay-Morrice	LS	1.37.56	

BUTTERFLY			Rec.	29.24	FREESTYLE			Rec.	59.23
1	S.Dixon	N	N.R.	28.50	1	B.Colclough	M	56.55	
2	R.Griffiths	LW		30.83	2	E.Broad	LW	1.01.57	
3	E.Dyer	M		30.91	3	A.Carter	EA	1.06.20	
4	A.Carter	EA		31.99	4	O.Knapman	SW	1.06.71	
5	P.Ingoldsby	SW		32.07	5	O.Davis Smith	LS	1.14.54	
6	C.Brophy	LS		35.84					
7									

I.M.			Rec.	2.24.88	FREESTYLE RELAY			Rec.	1.54.09
1	R.Griffiths	N.R.	LW	2.22.30	1	London West	N.R.	1.52.71	
2	A.Hogg		N	2.23.90	2	Midlands		1.53.31	
3	B.Colclough		M	2.27.41	3	North		1.53.78	
4	L.Randall		SW	2.53.94	4	East Anglia		2.00.68	
5	J.Lai-Morrice		LS	3.42.13	5	London South		2.02.09	
					6	South West		2.14.81	

<u>TEAM RESULTS</u>			MEDLEY RELAY			Rec.	2.08.96	
1	London West	47			1	London West	NR	2.05.71
2	Midlands	42			2	Midlands		2.07.84
3	North	41			3	North		2.13.92
4	East Anglia	26			4	East Anglia		2.14.72
5	South West	22			5	South West		2.25.93
6	London South	12			6	London South		2.33.94
7	London North	0						

Notable performances:

S.Dixon	Red House School	N
F.Clampett	The Gregg school	LW
R.Griffiths	Licensed Victuallers school	LW
B.Colclough	Stafford G.S.	M

Full LW Medley and F/S Relay Teams (listed in 'New Records')

A particularly fine swim by Ben Colclough (Free) Stafford G.S. Bettered the old record by 2.7 secs.

NATIONAL ISA SWIMMING GALA 2011

YEAR 11/12/13 BOYS

BREAST STROKE			Rec.	1.11.81	BACK STROKE			Rec.	1.04.66
1	J.Hanson	LW		1.14.94	1	I.Shanker	LW	N.R.	1.03.61
2	A.Matts	N		1.16.83	2	J.Shanley	N		1.09.54
3	S.Winton	M		1.18.01	3	R.Scott	LS		1.11.38
4	R.James	EA		1.28.23	4	D.Gullmore	M		1.22.39
5	J.Williams	LS		1.28.30	5	S.Clark	EA		1.44.71
6									

BUTTERFLY			Rec.	27.97	FREESTYLE			Rec.	56.01
1	A.Hammond	M	N.R.	27.91	1	C.Chapple	N		58.41
2	A.Barber	LW		27.96	2	W.Meredith	M		59.85
3	R.Scott	LS		30.58	3	J.Fleetwood	LW		1.00.67
4	E.Puaca	N		32.34	4	R.James	EA		1.02.87
5	N.Higgins	EA		27.93	5	L.White	LS		1.06.52
					6	P.Bridge	SW		1.15.23

(A.Barber also inside old record)

I.M.			Rec.	2.02.88	FREESTYLE RELAY			Rec.	1.48.13
1	A.Hammond	M		2.17.56	1	London West	N.R.		1.47.42
2	I.Shanker	LW		2.17.72	2	Midlands			1.53.01
3	A.Matts	N		2.23.03	3	North			2.00.78
4	R.Scott	LS		2.42.84	4	London South			2.01.42

<u>TEAM RESULTS</u>				<u>MEDLEY RELAY</u>			Rec.	2.01.67
1	London West	45		1	London West	N.R.		2.00.92
2	Midlands	43		2	Midlands			2.06.39
3	North	39		3	North			2.07.10
4	London South	28		4	London South			2.18.07
5	East Anglia	17		5	East Anglia			2.31.72
6	South West	2						
7	London North	0						

Notable performances:

A. Hammond	Princethorpe	Midlands
I.Shanker	The Gregg School	London West
J.Hanson	Salesian	London West
A.Barber	LVS	London West

Full LW F/S and Medley Relay Teams - 2 N.R. (names listed in 'New Records' section).

NATIONAL ISA SWIMMING GALA 2011

YEAR 7 GIRLS

BREAST STROKE				BACK STROKE			
		Rec.	40.79			Rec.	35.31
1	M.Peters	SW	41.12	1	R.Rowe	SW	39.51
2	C.Milne	LW	44.82	2	I.Butler	M	40.48
3	I.Ormerod	M	46.29	3	N.Thompson	N	41.42
4	N.Thompson	N	50.39	4	L.Sturton	LW	43.29
				5	E.Lovegrove	EA	44.07
				6			
	(M.Peters close to N.R.)						

BUTTERFLY				FREESTYLE			
		Rec.	34.06			Rec.	29.14
1	M.Cook	EA	36.17	1	E.Grainger	M	31.51
2	M.Peters	SW	36.17	2	H.Gardiner	LW	32.63
3	E.Grainger	M	37.18	3	J.Thomas	N	33.88
4	H.Gardiner	LW	38.04	4	R.Rowe	SW	35.90
5	J.Thomas	N	40.12	5	L.Colleran	EA	40.30
				6			

MEDLEY RELAY				FREESTYLE RELAY			
		Rec.	2.27.93			Rec.	2.10.05
1	London West		2.40.78	1	Midlands		2.14.74
2	Midlands		2.41.62	2	London West		2.16.32
3	South West		2.46.61	3	South West		2.25.52
4	North		2.49.06	4	North		2.31.74
5	East Anglia		2.57.81	5	East Anglia		2.37.52

TEAM RESULTS

1	Midlands	38
2	South West	36
3	London West	34
4	North	25
5	East Anglia	20
	London North	0
	London South	0

Notable performance:

Ella Grainger **Dixie G.S.** (2 x gold)

NATIONAL ISA SWIMMING GALA 2011

YEAR 8 GIRLS

<u>BREAST STROKE</u>			Rec.	36.77	<u>BACK STROKE</u>			Rec.	33.48
1	R.Morris	N		38.38	1	R.Howard	N	36.68	
2	E.Trotman	LW		39.04	2	A.Tainty	M	36.98	
3	C.McDonnell	EA		41.84	3	J.Young	SW	37.44	
4	L.Brigly	SW		43.10	4	L.Tupper	LW	37.86	
5	L.Lewis	M		43.24	5	A.Gibb	EA	53.51	

<u>BUTTERFLY</u>			Rec.	32.07	<u>FREESTYLE</u>			Rec.	29.44
1	R.Morris	N		32.12	1	L.Rodford	LW	32.21	
2	G.Djucic	LW		34.36	2	L.Lewis	M	32.74	
3	L.Brigly	SW		35.72	3	J.Young	SW	32.85	
4	A.Tainty	M		36.10	4	K.Nesbit	EA	34.21	
5	C.McDonnell	EA		38.58	5	L.Nuttal	N	35.55	

(R.Morris very close to N.R.)

<u>MEDLEY RELAY</u>			Rec.	2.22.55	<u>FREESTYLE RELAY</u>			Rec.	2.05.57
1	London West			2.24.84	1	Midlands		2.11.72	
2	South West			2.33.23	2	South West		2.13.16	
3	Midlands			2.35.02	3	North		2.27.33	
4	North			2.39.13	4	East Anglia		2.38.73	
5	East Anglia			2.58.56					

TEAM RESULTS

Notable performances:

1	North	36	R. Morris	Bridgewater	N
2=	London West	32	L. Rodford	St Catherine's	LW
2=	Midlands	32			
4	South West	31			
5	East Anglia	22			
	London North	0			
	London South	0			

NATIONAL ISA SWIMMING GALA 2011

YEAR 9/10 GIRLS

BREAST STROKE			Rec.	1.13.75	BACK STROKE			Rec.	1.11.58
1	K.Matts	N		1.18.14	1	E.Harris	M	1.12.01	
2	S.Hobbs	LW		1.33.08	2	B.McGarry	LN	1.13.03	
3	A.Kehl	SW		1.35.74	3	C.Woodhead	LW	1.19.15	
4	G.Fellows	M		1.36.99	4	E.Sorrell	EA	1.21.20	
5					5	I.Pilcher	SW	1.22.46	
					6	N.Shanley	N	1.24.00	

BUTTERFLY			Rec.	30.80	FREESTYLE			Rec.	59.97
1	E.Harris	M		31.44	1	S.Baig	M	1.02.54	
2	R.Saunders	N		32.60	2	K.Matts	N	1.03.46	
3	R.Ackerman	LW		33.54	3	C.Woodhead	LW	1.09.74	
4	S.Price	SW		37.69	4	I.Pilcher	SW	1.11.84	
5	M.Dyson	EA		42.21	5	K.Raysen	EA	1.48.10	

<u>I.M.</u>			Rec.	2.29.24	<u>FREESTYLE RELAY</u>			Rec.	1.59.97
1	S.Baig	M		2.36.07	1	Midlands		2.05.13	
2	R.Saunders	N		2.45.57	2	London West		2.06.37	
3	R.Ackerman	LW		2.53.06	3	South West		2.16.29	
4	E.Sorrell	EA		2.59.26	4	North		2.17.27	
5	S.Price	SW		3.06.28	5	East Anglia		2.18.37	

<u>TEAM RESULTS</u>				<u>MEDLEY RELAY</u>			Rec.	2.14.06
1	Midlands	52		1	Midlands		2.18.74	
2	North	38		2	North		2.19.00	
3	London West	37		3	London West		2.24.79	
4	South West	28		4	South West		2.37.53	
5	East Anglia	20		5	East Anglia		2.43.13	
6	London North	6						
	London South	0						

Notable performances:

E.Harris Holy Trinity School
S. Baig St Dominic's H.S.

Midlands
Midlands

Not too far away from N.R.

NATIONAL ISA SWIMMING GALA 2011

YEAR 11/12/13 GIRLS

BREAST STROKE			Rec.	1.19.12	BACK STROKE			Rec.	1.08.41
1	K.Richardson	M		1.24.20	1	S.Saunders	N	1.10.20	
2	S.Gallimore	N		1.35.02	2	A.Sandeman	LS	1.13.76	
3	G.Seville	LW		1.37.54	3	K.Richardson	M	1.13.86	
4	S.Rivers	SW		1.43.41	4	A.Thompson	LW	1.18.43	
5	M.Tatlor-Selt	EA		2.09.79	5	L.Jones	SW	1.24.83	

BUTTERFLY			Rec.	30.82	FREESTYLE			Rec.	1.02.10
1	K.Hackett	M		31.94	1	V.Cunningham	N	1.02.18	
2	R.Fisher	LW		32.89	2	L.Fox	LW	1.05.59	
3	L.Chapple	N		37.79	3	A.Sandeman	LS	1.06.29	
4	L.Jones	SW		43.25	4	C.Beddow	M	1.07.86	
5	F.Traxton	EA		55.96	5	E.Kane	SW	1.14.95	
					6	E.O'Ferrall	EA	1.36.68	

V.Cunningham so close to the record

I.M.			Rec.	2.26.87	FREESTYLE RELAY			Rec.	2.00.01
1	K.Hackett	M		2.30.59	1	Midlands		2.00.26	
2	V.Cunningham	N		2.33.24	2	London West		2.04.29	
3	L.Fox	LW		2.35.91	3	North		2.16.00	
4	E.Kane	SW		3.08.61	4	South West		2.23.12	
5					5	East Anglia		2.53.13	

<u>TEAM RESULTS</u>					<u>MEDLEY RELAY</u>			Rec.	2.15.10
1	Midlands	49			1	Midlands		2.18.46	
2	North	44			2	North		2.22.81	
3	London West	37			3	London West		2.23.80	
4	South West	26			4	South West		2.43.55	
5	East Anglia	14			5	East Anglia		3.28.64	
6	London South	11							
	London North	0							

Notable performances:

Kristie Hackett	Highclare School	M
Katie Richardson	Highclare School	M
V Cunningham	Grange	N

NEW RECORDS: 14

Individual:

<u>Junior</u>	H.Rowlinson	6G Breaststroke	Forest Preparatory School, Altrincham.	North
<u>Senior</u>	H.McNab	7B Breaststroke	Lucton School, Leominster.	Midlands
	J.McMahon	8B Butterfly	Heathfield School, Kidderminster.	Midlands
	S.Dixon	9/10B Butterfly	Red House School, Stockton-on-Tees	North
	B.Colclough	9/10B Freestyle	Stafford G.S, Stafford.	Midlands
	R.Griffiths	9/10B I.M.	Licenced Victuallers, Ascot	L. West
	I.Shanker	Senior Back Stroke	The Gregg School, Southampton.	L. West
	A.Hammond	Senior Butterfly	Princethorpe College, Rugby.	Midlands

Relays:

East Anglia	8B Freestyle	M.Salt	L.Robinson	B.Veitch	L.Chalk
		Colchester	Gosfield	St Nicholas	Colchester
North	8B Medley	D.Legg	A.Poole	A.Hackett	O.McCormick
		Hillcrest	N.Cestrian	Grange	Abbeygate
London West	9/10B Medley	O.Payne	F.Clampett	R.Griffiths	E.Broad
		Sherfield	Gregg	L.V.S.	Salesian
London West	9/10B F/S	M.Barter	F.Clampett	R.Griffiths	E.Broad
		Salesian	Gregg	L.V.S.	Salesian
London West	Senior Medley	I.Shanker	A.Barber	J.Hanson	J.Fleetwood
		Gregg	LVS	Salesian	Gregg
London West	Senior Freestyle	I.Shanker	A.Barber	J.Hanson	J.Fleetwood
		Gregg	LVS	Salesian	Gregg

Congratulations LW

4 new relay records.

TEAM RESULTS

OVERALL BOYS:

CHAMPIONS:	London West	SHIELD
RUNNERS UP:	Midlands	
3rd	North	
4th	East Anglia	

OVERALL GIRLS:

CHAMPIONS	Midlands	SHIELD
RUNNERS UP	North	
3rd	London West	
4th	South West	

OVERALL:

CHAMPIONS	Midlands
RUNNERS UP	London West
3RD	North
4TH	East Anglia
5TH	South West
6TH	London South
7TH	London North

JUNIOR:

GIRLS:

1st	Midlands	SHIELD	(New)
2nd	North		
3rd	London West		

BOYS:

1st	London South	SHIELD	(New)
2nd	Midlands		
3rd	London West		

OUTSTANDING 'SENIOR' BOYS

(shared)

I.Shanker	The Gregg
A.Hammond	Princethorpe
R.Griffiths	Licensed Victuallers

OUTSTANDING 'SENIOR' GIRLS

(shared)

K.Hackett	Highclare
E.Harris	Holy Trinity
S.Baig	St Dominic's High

OUTSTANDING 'JUNIOR' BOYS

(Shared)

L.Boardman	Gatehouse
L.Basi	Westward

OUTSTANDING 'JUNIOR' GIRLS

(Shared)

H.Rowlinson	Forest Prep
M.Dibb	Crackley Hall

